

The resilience of parents and caregivers who safely administer prescribed medicines to children at home: A qualitative systematic review

Why do this research?

Parents and caregivers are responsible for giving medicines safely to their children at home.

This is a complex task that requires parents and caregivers to overcome many challenges.

The aim of this review is to use resilience theory to explore the experiences of parents and caregivers who give medicines to children at home.

Learning what, where, when and how resilience develops will tell us how we can improve the support given to people who give medicines to children at home.



Stephen Morris*, Beth Fylan+, Simon Pini*, David Alldred*

*University of Leeds, +University of Bradford
Correspondence to hc17s2jm@leeds.ac.uk

What did we find?

We found that caregivers demonstrate resilience in a variety of different ways. We have organised our findings using Moments of Resilience theory.

| Definition (scale) | Examples from research studies | Examples from Public Advisors |
|---|--|--|
| Respond using resources and practices (minutes/hours) | “Caregivers use strategies such as crushing or cutting pills, hiding medicine in food, or using syringes” [3] |  |
| Reorganise resources and practices (days/weeks) | “Strategies such as storage devices, whiteboards, calendars, alarm clocks and smartphone apps” [3] |  |
| Reform resources and practices (months/years) | “[Caregivers] know more about resources than their specialists and assume the role of educating providers” [4] |  |

Method: Framework synthesis Search Strategy: Major databases
Search terms: Caregivers/at home/medicines Included studies: 46



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